



2025 - 2026 STARSKATE

Rink Legend

TA = Tomken Rink 1 (4495 Tomken Rd Mississauga)
IC4 = Iceland Rink 4 (705 Matheson Blvd. East Mississauga)

Groups	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PreJunior			IC4: (fully coached) Flexafit: 5:40pm-6:40pm On Ice: 6:50pm-7:50pm		TA: (fully coached) Flexafit: 5:40pm-6:40pm On Ice: 6:50pm-7:50pm	TA: (fully coached) Dance: 5:00pm-5:50pm On Ice: 6:00pm-7:00pm	TA: (fully coached) On Ice: 11:50am-12:50pm
Junior		TA: (fully coached) On Ice: 6:00pm-7:10pm Flexafit: 7:20pm-8:20pm	IC4: (fully coached) Flexafit: 5:40pm-6:40pm On Ice: 6:50pm-7:50pm	TA: Ballet/Flexibility: 6:00pm-7:00pm	TA: (fully coached) Flexafit: 5:40pm-6:40pm On Ice: 6:50pm-7:50pm	TA: (fully coached) Dance: 5:00pm-5:50pm On Ice: 6:00pm-7:00pm	TA: (fully coached) On Ice: 11:50am-12:50pm
Intermediate		TA: (fully coached) On Ice: 6:00pm-7:10pm Flexafit: 7:20pm-8:20pm	IC4: Flexafit: 7:00pm-8:00pm	TA: (fully coached) Ballet/Flexibility: 6:00pm-7:00pm On Ice: 7:20pm-8:50pm		TA: (fully coached) Dance: 5:50pm-6:50pm On Ice: 7:00pm-8:20pm	TA: (fully coached) On Ice: 8:30am-9:50am
Senior		TA: (fully coached) Flexafit: 6:00pm-7:00pm On Ice: 7:10pm-8:20pm	IC4: Flexafit: 7:00pm-8:00pm	TA: (fully coached) Ballet/Flexibility: 6:00pm-7:00pm On Ice: 7:20pm-8:50pm		TA: (fully coached) Dance: 5:50pm-6:50pm On Ice: 7:00pm-8:20pm	TA: (fully coached) On Ice: 8:30am-9:50am

This schedule is subject to change due to holidays and rink facility exception days. It is the responsibility of members to read email notifications and check the monthly calendars posted to the website for time and location changes.